



3RD ANNUAL CONFERENCE & EXPO

Track 1	Open to Professionals only
Track 2	Open to Professionals and students
Track 3	Open to Professionals, Students, and General Community
Track 4	Open to Everyone

THURSDAY MARCH 14TH, 2019

Time	Session title			
8:45-9:00	Welcome from MEPA President, Dr. Joanne Hands, Ph.D			
9:00-9:15	A Welcome Speech on Behalf of the Prime Minister by His Excellency Minister of Health Sheikh Dr. Bassel Humoud Hamad Al-Saba			
9:15-9:30	Welcome from Platinum Sponsor, Sheikha Majda Al Sabah, ASAP Initiative			
9:30-10:30	Hashimi Ballroom (1st floor)			
	Keynote Speaker Dr. Rosie Phillips Davis, PhD, ABPP 2019 President of the American Psychological Association			
10:30-11:00	Posters Presentations			
11:00-12:00	Hashimi Ballroom (1st floor)	Gahru meeting room (2nd floor)	Warba meeting room (2nd floor)	Bobyian meeting room (3rd floor)
	<p>“Who Is Driving Your Car? A Powerful Counselling Strategy Adapted From Transactional Analysis”</p> <p>By: Dr. Dawn McBride</p> <p>Open to: Professionals only</p>	<p>“Addressing Globalization: Careers in International Psychology”</p> <p>By: Dr. Patricia Perez, PhD</p> <p>Dr. Kristijan Civljak, PhD</p> <p>Shana Gangi, LCSW</p> <p>Open to: Professionals and students</p>	<p>“Parenting in the Arab World”</p> <p>By: Abdullah AlKhulifah, MSc.</p> <p>Open to: Professionals, Students, and General Community</p> <p>Arabic Translation Available</p>	<p>“How to become your own well-being therapist”</p> <p>By: Gamze Hakli Geray, MA</p> <p>Open to: Professionals, Students, and General Community</p> <p>Arabic Translation Available</p>
12:00-1:00	Hashimi Ballroom (1st floor)	Gahru meeting room (2nd floor)	Warba meeting room (2nd floor)	Bobyian meeting room (3rd floor)
	<p>“The Danger of a Single Story: A Marriage Counselor Speaks to Psychologists, Counselors and Coaches”</p> <p>By: Dr. Kennon Rider, PhD</p> <p>Open to: Professionals only</p>	<p>“Recognizing the importance of sleep in relation to physiological and psychological health outcomes”</p> <p>By: Dr. Teresa Arora, PhD</p> <p>Open to: Professionals and Students</p>	<p>“Co-sleeping with parents and its Psychological Impact on children and their families”</p> <p>By: Hala Sadiq Dahlan, MA</p> <p>Open to: Professionals, Students, and General Community</p> <p>Arabic Translation Available</p>	<p>“Psychological and Psychotherapeutic Support during Pregnancy, Birth and Postnatal Time”</p> <p>By: Dr. Maria Weissenbock, PhD</p> <p>Open to: Professionals, Students, and General Community</p> <p>Arabic Translation Available</p>
1:00-2:00	Lunch			
2:00-2:30	Posters Presentations			
2:30-3:30	Hashimi Ballroom (1st floor)	Gahru meeting room (2nd floor)	Warba meeting room (2nd floor)	Bobyian meeting room (3rd floor)
	<p>“Working with Western-Based Models: Thoughts from the Middle East”</p> <p>By: Dr. Angie Cucchi, DPsych</p> <p>Open to: Professionals only</p>	<p>“Persuasion Strategies among Arabs (A comparative cross-cultural study between the Arabic, Collectivistic, and individualistic Cultures)”</p> <p>By: Dr. Hisham Abu-Rayya Dr. Azzam Amin Momin Alnunu</p> <p>Open to: Professionals and Students</p>	<p>“Psychology in the Arab World”</p> <p>By: Dr. Othman AlKhadher, PhD</p> <p>Open to: Professionals only</p> <p>Arabic Translation Available</p>	<p>“Successful Strategies for Children on the Autism Spectrum”</p> <p>By: Dr. Larry Kubiak and Dr. Patricia Perez</p> <p>Open to: Professionals, Students, and General Community</p> <p>Arabic Translation Available</p>

THURSDAY MARCH 14TH, 2019

Time	Session title			
	Hashimi Ballroom (1st floor)	Gahru meeting room (2nd floor)	Warba meeting room (2nd floor)	Bobyán meeting room (3rd floor)
3:30-4:30	"The Future of Mental Health Care" By: Dr. Mohammad AlSuwaidan, MD Open to: Professionals only	"Strengthening Marriages in Egypt and the Middle East" By: Dr. Jaime Mendoza, PsyD Maram Tolba, MA Sherine Soliman Open to: Professionals and students	"Passion toward work: An empirical study" By: Dr. Marais Bester Open to: Professionals only Arabic Translation Available	"Social-Emotional Learning in Very Young Children" By: Dr. Amanda Clinton, PhD Open to: Professionals, Students, and General Community Arabic Translation Available
4:30-5:00	Posters Presentations			
5:00-6:30	Panel: "Continuing the Work of Developing a Regional Positive Psychology" By: Sheikha Intisar Al Sabah Dr. Sadigga Al Ghalib Dr. Louise Lambert Dr. Zakeya Al Rasbi Aziz Mulay-Shah			

FRIDAY MARCH 15TH, 2019

8:00-9:00	Registration			
9:00-10:00	Keynote Speaker Dr. Kevin O'Connor Coordinator, Ecosystemic Clinical Child Psychology Emphasis Director, Ecosystemic Play Therapy Training Center			
10:00-10:30	Posters Presentations			
	Hashimi Ballroom (1st floor)	Gahru meeting room (2nd floor)	Warba meeting room (2nd floor)	Bobyán meeting room (3rd floor)
10:30-11:30	"Embrace LifeLine: Lebanon's First National Emotional Support Helpline" By: Mia Atoui, MPH, MA Open to: Professionals only	"Utilizing Expressive Art Therapy to Destigmatize Mental Health Practices and Work with Survivors of Trauma" By: William Mitchner, Ed.S Open to: Professionals and students	"Creating Safety: Art Therapy as an Intervention for Trauma" By: Natalia Gomez, MAAT, ATR-BC Mariam El Halawani, MA Open to: Professionals, Students, and General Community Arabic Translation Available	"Strategies to Combat School Bullying: The Importance of Collaboration Within The Microsystem" By: Sara Hassan, MSc. Open to: Professionals, Students, and General Community Arabic Translation Available

FRIDAY MARCH 15TH, 2019

Time	Session title			
11:30-12:30	Hashimi Ballroom (1st floor)	Gahru meeting room (2nd floor)	Warba meeting room (2nd floor)	Bobyman meeting room (3rd floor)
	<p>“Neuropsychological Assessment within our Schools’ Context”</p> <p>By: Dr. Rasha Mashmoushi</p> <p>Open to: Professionals only</p>	<p>“Mental Health response for victims of conflict”</p> <p>By: Dr. Senop Tschakarjan, MD Milena Osorio</p> <p>Open to: Professionals and Students</p>	<p>“Building Peace in the Arab World, One Brain at a Time”</p> <p>By: Dr. Myriam El Khoury-Malhame, PhD</p> <p>Open to: Professionals only</p> <p>Arabic Translation Available</p>	<p>“Transforming schools: the role of positive psychology and mental toughness in education”</p> <p>By: Gilda Scarfe</p> <p>Open to: Professionals, Students, and General Community</p> <p>Arabic Translation Available</p>
12:30-1:30	Lunch			
1:30-2:30	<p>Keynote Speaker</p> <p>Dr. Rena F. Subotnik</p> <p>Associate Executive Director, Education Directorate Director, Center for Psychology in Schools and Education American Psychological Association</p>			
2:30-3:30	Hashimi Ballroom (1st floor)	Gahru meeting room (2nd floor)	Warba meeting room (2nd floor)	Bobyman meeting room (3rd floor)
	<p>“Leadership in the Middle East Region: Multilevel Factors in the Local Context”</p> <p>By: Dr. Kristijan Civljak, PhD</p> <p>Open to: Professionals only</p>	<p>“Self-esteem in Addiction: A Proposition of a New EMDR Protocol”</p> <p>By: Dr. Youssef Akoury, PhD</p> <p>Open to: Professionals and students</p>	<p>“The necessity of PTSD understanding for educators in the Middle East”</p> <p>By: Dujana Baroudi, MA</p> <p>Open to: Professionals only</p> <p>Session will be in Arabic, English Translation Available</p>	<p>“Laughing for wellbeing”</p> <p>By: Silvia King, MA</p> <p>Open to: Professionals, Students, and General Community</p> <p>Arabic Translation Available</p>
3:30-4:30	Hashimi Ballroom (1st floor)	Gahru meeting room (2nd floor)	Warba meeting room (2nd floor)	Bobyman meeting room (3rd floor)
	<p>“Origins and Applications of Investigative Psychology”</p> <p>By: Dr Maria Ioannou, PhD Dr John Synnott, PhD</p> <p>Open to: Professionals only</p>	<p>“A Continuum Paradigm of Psychopathology: Narcissism as the core construct of mental illness”</p> <p>By: Dr. Nasri Jacir, PhD</p> <p>Open to: Professionals only</p>	<p>“Bullying Against Teachers”</p> <p>By: Dr. Diala Hawi, PhD Mohamed Abdelrahman, MA</p> <p>Open to: Professionals, Students, and General Community</p> <p>Arabic Translation Available</p>	<p>“Working with Your Psychological Parts”</p> <p>By: Dr. Ava Ghasemi, Psy.D., C.Psych</p> <p>Open to: Professionals, Students, and General Community</p> <p>Arabic Translation Available</p>
4:30-5:00	Posters Presentations			
5:00-6:30	<p>Panel:</p> <p>“Clinical Psychology in the Gulf: Challenges, Prospects and Future Directions”</p> <p>By: Sawssan R. Ahmed Ph.D. Amber Haque Ph.D., Omar M. Mahmood Ph.D., Naif Al-Mutawa Ph.D., Safa Ali Al-Jameel M.D, M.S.</p>			

SATURDAY MARCH 16TH, 2019
10 AM – 4 PM

(Separate registration required, certificate of participation and APA credits will be available upon request)

Workshop 1	Workshop 2	Workshop 3
<p>“How Play Therapy Optimizes the Effect of Common Therapeutic Change Processes in Work with Children”</p> <p>By: Dr. Kevin O’Connor, PhD</p>	<p>“Reducing the Spiral of Anxiety: Creative and Innovative Counselling Strategies to Treat Anxiety”</p> <p>By: Dr. Dawn McBride, PhD</p>	<p>“Emotionally Focused Therapy: Cracking the Code of Love in Couples”</p> <p>By: George Faller, LMFT Rosa Khorshidi, LMFT</p>